

Escape to happiness Newsletter



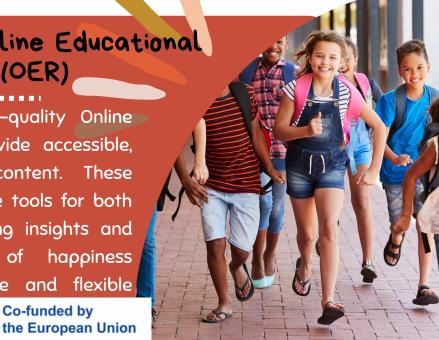
We're excited to share the latest progress from our Escape to Happiness Erasmus+ project! Here's a look at the recent activities and upcoming developments bringing us closer to our project goals:

1. Training Programme Update

We are actively working on updating the Escape to Happiness Training Programme to enhance its relevance and effectiveness. Our team is refining the modules and activities to ensure they meet the needs of our participants, offering a comprehensive approach to happiness and well-being education.

2. Preparation of Online Educational Resources (OER)

Our team is developing high-quality Online Educational Resources to provide accessible, engaging, and meaningful content. These resources will serve as valuable tools for both learners and educators, offering insights and practices on the theme of happiness development in an innovative and flexible format.





Escape to happiness

Newsletter



3. Framework for Video Content

We have recently completed the Framework for Videos for the Escape to Happiness project. This framework outlines the structure, objectives, and content strategy for our upcoming video series, which aims to visually engage our audience and communicate core project messages in a dynamic way.

4. Upcoming Participant Mobility in Torino, Italy

We're thrilled to announce that participants will soon have the chance to experience an exciting mobility event in Torino, Italy. This mobility will valuable hands-on learning provide opportunities, cultural exchange, and a chance to deepen project engagement with fellow participants.

Co-funded by the European Union